



Peace and freedom

As we think about the changes that are happening in our country and anticipate the future, there is much to be thankful for—and there is much to be anxious about. This verse from Paul's letter to the Philippians reminds me that regardless of the circumstances, no matter who wins the elections, we can have peace in our hearts and minds because God is in control.

Not only is He in control, but He is good—all the time—and all the time, He is good. I am so thankful that He holds my future and the future of our country as well. (Psalm 22:28 For the kingdom is the LORD's and He rules over the nations.) Because He is in control, we can rest in the peace that comes from a heart filled with the peace that comes from a relationship with God, ruler of the nations.

In the midst of this crazy election year, I have been reminded of the many freedoms we have and am truly thankful for this great country. Free speech and freedom to assemble, freedom to have an opinion that is different from everyone else. Let us remember the freedoms we possess and thank those who sacrificed so much to protect these freedoms.

I rejoice in the freedom found in a relationship with Christ, whose death paid the penalty for sin and brings peace between God and man. Many years ago, I realized my need of a Redeemer and accepted God's offer of freedom through faith in Christ. It is faith that brings us into a relationship with Christ and it is faith that gives us freedom from fear, including fear of death. I praise God today for His finished work on the cross and His offer of salvation to all who come to Him recognizing their own need of salvation.

But now in Christ Jesus you who formerly were far off have been brought near by the blood of Christ. For He Himself is our peace. Ephesians 2:13-14

If you confess with your mouth Jesus as Lord and believe in your heart that God raised Him from the dead, you will be saved. Romans 10:9

*“Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.”
Philippians 4:6-7 (NASB)*

Extraordinary Give is back!

Go the "extra mile" for H*VMI. On

November 18, H*VMI is again participating in the Extraordinary Give, Lancaster County's largest day of giving. For 24 hours only, visit ExtraGive.org, make a credit card donation (\$25 minimum) and your gift will be stretched by a percentage (based on percentage of giving to H*VMI in those 24 hours) of \$250,000 from the Lancaster County Community Foundation and sponsors. Plus, just by donating, you could help us win EXTRA from the \$50,000 prize pool. This program is open to ALL donors - you do NOT have to live in Lancaster County to give. See flyer for details.

Praise and Prayer

- * Praise for the opportunity to present awareness training to the Emergency Department staff at Union Hospital and the Cecil County EMS.
- * Praise for traveling safety and times of fellowship with guests who attend the Bible Conference weeks at Handi*Camp.
- * Praise for family and friends who provide encouragement and support.
- * Pray for opportunities to minister to many who are hurting and living in fear and pain.
- * Pray for wisdom and direction as I continue to work from home and seek ways to minister in the local community.
- * Pray for creativity and clarity of mind as I begin work on the support group workshop material and prepare it for the website.
- * Pray for provision for a trip to Ghana and Brazil next year. I have been asked to provide further training.



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Offering Hope to the
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Ministry Update

As we approach Thanksgiving, I am thankful for so many things. God has given us a ministry that reaches into the lives of many and it is His desire to continue the work He has begun. Thank you for continuing to partner with me in REST Ministries.

This past month, the blog on the website has been updated. Check it out and learn more about helping those who are hurting.

I have been working on getting our training materials updated and made available, free of charge, on our website. This will be a long-term project that will give others opportunity to benefit from the materials REST has produced over the past 25 years. I have completed the first draft of the Bridge to Restoration Internet Version and once it has been edited, it will be the first set of training materials placed on the website.

I will now begin working on the support group material. This includes the teacher's notes, student's book and power point presentation as well as supplemental resources.



I continue to spend one day a week at the home office in Ephrata, helping out in whatever way I am needed. In addition, I have been visiting guests from camp and teaching at the Lancaster Bible Club.

I am excited about the many opportunities God gives to minister to others and to proclaim His freedom to all.

May God bless you and keep you; may your hearts be ever thankful.

"I thank my God always, making mention of you in my prayers." Philemon 1:4